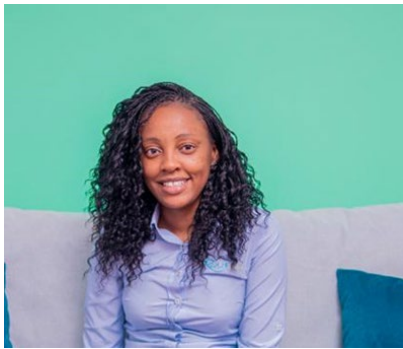


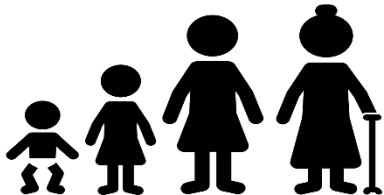
**Title: A qualitative exploration of ageing well with a lifelong disability in Black British Older Adults and their Carers.**

## Invitation



Hi, my name is Emily.

I am doing research at the University of Surrey.



I am interested in understanding what it is like being Black and getting older with a lifelong disability.



I would like to learn more about this by talking to you.

I would also like to learn more by talking to carers.

## Why have I been invited to this study?



You have been invited because I want to hear about your experience of being Black and getting older with lifelong disability.

## What do I mean by disability?

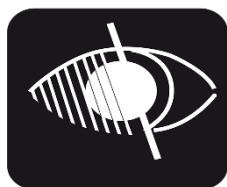


A lifelong disability is a difficulty that a person is born with or a difficulty that begins when a person is a child.



A lifelong disability affects everyone differently. It might make;

- Getting around on your own difficult
- Seeing or hearing difficult
- Learning or understanding complicated information difficult



Someone with a lifelong disability might have;

- Autism
- Down's Syndrome
- Cerebral Palsy
- Learning Disability
- William's Syndrome
- Prader Will Syndrome

- Usher's Syndrome
- Spina Bifida
- Congenital Rubella Syndrome
- Vision loss and Blindness
- Hearing loss and Deafness

### What do I mean by older?



In this study, I mean someone who is 30 years old or older.

### Do I have to take part?



No. You do not have to take part.

It is your choice to take part.

You can say "no" and that is ok.

### What will happen if I say yes to taking part



I will find a day to call you or meet you at a place of your choice.

You can ask someone you trust to be there if you want.



I will talk to you about my research and ask a few questions about you.

You can ask me questions if you have any.



I will ask you questions about getting older.

If you would like, you can invite your family/key worker to sit with us.

I will use a voice recorder machine to help me remember what you tell me.



After you have told me all that you would like me to know and I will have to say “Goodbye”.

### **What are the possible good things about taking part?**



I hope that this research will help understand how getting older can be made easier for Black older people with lifelong disability.

### **Are there any bad things about taking part?**



Some people may feel upset when thinking about their disability or getting older.

You can ask a family member or carer to help with answering questions if this makes you feel better.

### What if there is a problem?



You can talk to me or someone about the problem.

You can ask me questions.

You can tell me you don't want to take part anymore.

### What happens to what I tell you?



I will not use your real name in my work.

I will lock the information away.

This is to keep your information safe so that others can't take it.

### What will happen after?



I will talk to my teacher, who is called a supervisor about what I have learnt.



I will need to write a report about what I learnt.

This will take a long time.



If you like, I can send you information on what I have learnt from you.

### **Who has checked the study?**



**UNIVERSITY OF  
SURREY**

People from the University of Surrey have checked to make sure it is safe for me to collect this information

### **What if I still have questions?**

If you have any questions about the project you or your carer can email or call Emily.

Email : [eo00455@surrey.ac.uk](mailto:eo00455@surrey.ac.uk)

Number:07546340091

### **What if I am upset by this project?**



If you want to tell people that you are upset, you or your carer can contact the University of Surrey:

University of Surrey:

Phone: +44 (0)1483 683490

Email: [rigo@surrey.ac.uk](mailto:rigo@surrey.ac.uk)